



## 2021 Great Lakes Games COVID-19 Protocols

### **INTRODUCTION**

Great Lakes Adaptive Sports Association is committed to protecting the health and safety of athletes, staff, volunteers and spectators. This document outlines the protocols that will be enforced and the prevention measures that will be put in place to reduce the risk of acquiring COVID-19 while attending the Great Lakes Games.

Due to the changing environment that presents with COVID-19 these protocols and guidelines may be updated to comply with CDC, USOPC and ATFUSA guidelines.

We understand that we cannot commit to eliminating the risk of COVID-19 at this competition. However, we are committed to minimizing the risk to allow for a safe, fun, and competitive experience for our athletes, staff, officials, volunteers and spectators.

### **REQUIREMENTS PRIOR TO ARRIVAL**

Everyone that plans to attend the competition is asked to provide one of the following:

- a. **Provide proof of being fully vaccinated** (Per the CDC, people are considered fully vaccinated 2 weeks after their 2nd dose of Pfizer or Moderna; or 2 weeks after a single dose of the Johnson & Johnson vaccine.); or
- b. **Provide documentation of COVID-19 infection within 90 days of competition and are asymptomatic** (i.e., positive COVID-19 PCR test results or doctor's letter); or
- c. **Provide documentation upon or prior to arrival of a negative PCR COVID-19 test obtained within 72 hours of arrival.** (The costs associated with this test are at your own expense.)

Proof of vaccination, prior COVID-19 infection or negative PCR COVID-19 test must be submitted to [Covid@glasa.org](mailto:Covid@glasa.org) prior to athlete check in. *All submitted documentation will be kept confidential.*

This requirement applies to all athletes, coaches, technical officials, officials, classifiers, athlete support staff and volunteers.

**Anyone who does not provide such documentation as listed above will be required to take a guided self-administered COVID-19 rapid test on site prior to checking in for the Great Lakes Games. These tests will be provided at no cost thanks to a generous donation from Abbott Laboratories.**

*Note:* International travelers who have not been vaccinated must obtain a COVID-19 PCR test within 72 hours prior to check in. (The costs associated with this test are at your own expense.)

While it is not required, we highly recommend that anyone who is able to be vaccinated does so with enough time for the vaccine to take full effect before attending the competition.

Travel increases the chance of acquiring and spreading COVID-19. The CDC recommends that “staying at home is the best way to protect yourself and others from COVID-19.” Great Lakes Adaptive Sports Association strongly encourages all participants to strictly follow CDC guidelines and recommendations prior to travel to the competition.

## **COVID-19 TESTING PROTOCOL**

Anyone experiencing signs or symptoms of COVID-19 should not come to the event venues or host hotel and should immediately go to a healthcare facility for evaluation.

### **Rapid Testing**

Anyone who does not provide the requested documentation mentioned under Requirements Prior to Arrival will be guided through a self-administered antigen rapid test prior to check in.

- A **negative** result must be obtained before being allowed to check in for participation.
- If a test is **positive or indeterminate**, the test is not automatically regarded as negative. We will immediately perform a second test to obtain a clear positive or negative to determine if they are cleared for participation. If the results of the secondary test are positive, anyone who is asymptomatic with no known exposure to an individual with COVID-19 will be provided the opportunity for further testing.
- If it is determined that the **final test result is positive**, they will not be allowed to check in for participation in the Great Lakes Games and should go immediately to a healthcare facility for evaluation and possible testing with a COVID-19 PCR test. If it is determined that they need to quarantine and are from out of town, they will do so at their own expense.

## **COVID-19 MITIGATION MEASURES**

Proof of being vaccinated against COVID-19 does not exempt you from any of our COVID-19 mitigation measures as it is still unclear how the vaccine affects transmissibility.

### **Screening**

Prior to entering competition venues, everyone will be temperature checked and complete a verbal health survey.

- Anyone who exhibits a temperature over 100.4°F will have a second temperature check with a different thermometer to provide a second confirmatory temperature reading. If the second temperature check is over 100.4°F a guided self-administered rapid test will be performed as per the COVID-19 Testing Protocol above.
- Anyone who answers “yes” to any of the health survey questions, will have a guided self-administered rapid test performed as per the COVID-19 Testing Protocol above.

### **Mask Requirement**

All athletes, staff, volunteers, spectators, etc. over the age of 2 years old are required to wear a face mask at all times covering both mouth and nose while in the competition venue and while waiting to access the competition venue. Acceptable face masks are a medical grade mask, a KN95 mask, or a fabric mask that is washable at high temperatures with at least two, or ideally three, layers.

### **Spectators**

Spectators will be limited to two (2) per athlete.

- Spectators accompanying an athlete are subject to the same prearrival requirements, testing and screening.
- All spectators must remain in spectator spaces (i.e., bleacher or other designated area) with social distancing between families.
- Siblings must stay with parent and not be allowed to wander.

### **Social Distancing**

Everyone is requested to always observe safe social distancing and asked to respect any markings and/or signs that have been installed to aid in maintaining the recommended distance.

### **Handwashing or Hand Sanitizer**

Everyone is encouraged to wash their hands or use hand sanitizer frequently. Hand sanitizer will be made available at each of the venues.

### **Self-Monitoring**

All participants should self-monitor and should not come to the competition event if experiencing signs or symptoms of COVID-19 and should go to a healthcare facility for evaluation and COVID-19 PCR testing. Signs and symptoms to monitor include the following.

- feverishness or chills
- cough
- shortness of breath or difficulty breathing
- fatigue
- muscle or body aches
- headache
- loss of taste or smell
- sore throat
- congestion or runny nose
- nausea or vomiting and/or diarrhea

### **Disinfectant**

Cleaning procedures using the appropriate disinfectants will be put in place to clean high traffic areas and sports equipment.

### **Gloves**

Gloves will be required for all medical staff, officials, volunteers, etc. who need to transfer equipment from one person to another. Gloves will be changed often and between each equipment transfer.

### **Team Areas**

Each team will be assigned one space to set up with adequate space between teams. Each team will be responsible for enforcing their own group's social distancing within that space. When not competing or in final stages of warm-up, athletes are requested to return to their team area.

### **Venues**

Space permitting and where feasible, separate entrance and exits will be set up. Temperature screenings and verbal health surveys will take place at the entrances.

### **Classification**

Swimming and Track & Field – Classification is by appointment only. Do not show up to the classification locations without an appointment.

Athletes being classified will:

- Clean areas of their equipment that might be touched during the classification process prior to their appointment.
- Wash and sanitize their hands prior to their appointment.
- Have no more than two (2) accompanying persons (as necessary) present for their appointment.
- Arrive on time for their appointment.
- Wear their masks properly for the duration of their classification appointment. Anyone accompanying the athlete are also required to wear their masks properly.

Classifiers will:

- Sanitize the classification equipment and table between each appointment.
- Wash and sanitize their hands prior to each appointment.
- Wear non-latex gloves for each appointment. Gloves will be changed for each new appointment.
- Minimize time spent in close proximity to athletes and each other as much as possible.
- Wear their masks properly for the duration of each classification appointment.

### **Sport-Specific Guidelines**

Following athlete registration, sport-specific guidelines that cover equipment sanitation and mask procedures during competition will be provided for each of their events. Athletes are expected to review the guidelines and be prepared to adhere to them.